

Several ~~Many~~ therapeutic interventions involving different modes, intensities, and demands ~~designed to~~ when exercising in a gym setting are currently being used to ~~are currently used~~ to improve mobility and balance in a clinical population. ~~These exercises are characterized by~~ different modes, intensities and demands on the individual. One such exercise intervention that may be beneficial for in improving mobility and balance utilizes uses vibratory stimulation. Different therapeutic and rehabilitation fields ~~The have studied the~~ effect of vibratory stimulation on the neuromuscular system ~~has been studied in different therapeutic and rehabilitative fields and~~; it has therefore evolved into full-body training, which is known as whole whole-body vibration (WBV). WBV ~~is~~ targets ed at individuals who have face difficulty in walking and those who may be less inclined to participate in ~~more~~ vigorous training. ~~WBV has been shown to~~ It improves gait and balance in patients with multiple ~~disease conditions, such as~~ cerebral palsy, multiple sclerosis, and stroke. ~~A~~ In their recent systematic review and meta-analysis by Lam et al- examined the effects of WBV on ~~outcomes related to~~ balance, mobility, and ~~falls~~ fall outcomes in among older adults without no known medical diseases. ~~Overall, these~~ Their investigations showed some evidence for of improving improvement in balance and mobility outcomes; however, but these effects are were inconclusive. Parkinson's disease is One condition in ~~where~~ which WBV may enhance mobility and balance ~~is Parkinson disease~~. The effects of ~~a vibration type~~ stimulus WBV in individuals with Parkinson's disease were first identified when patients displayed relatively fewer symptoms ~~when they were~~ during train travelling on a train. ~~The purpose of this study was~~ We aimed to conduct a systematic review of published literature on the ~~effect~~ use of WBV ~~on mobility and balance outcomes~~ in individuals with Parkinson's disease and its effect on their mobility and balance outcomes. ~~The primary aim of this investigation, i.e., our primary aim~~ was to examine ~~whether~~ if the existing WBV studies showed a consistent positive effect on mobility and balance outcomes.

**Comment [A1]:** The text alongside has been rearranged to club two sentences into one and present information in a more concise manner.

**Comment [A2]:** A compound modifier contains 2 or more words, which act together as one adjective and are connected by hyphens. Hyphens are used with these terms so that their meaning is understood clearly.

**Comment [A3]:** In American English, a comma (known as a serial comma) is generally used before "and" in a series.